

Minutes

Drug Free Steuben Meeting

Thursday, December 17, 2015 at 9:30 a.m. at the
Carnegie Library in Angola

Attendees: Shelly Sonner (WIT), Pam Feller (Probation), Shannon Hentzell (Turning Point), Doneen Gibson (MSD Steuben Schools), Marty McNeal (SCPO), Mary Bowman (Celebrate Recovery), Anne LaDue-Satek (CAVA), Linda Hathaway (McMillen), Matt Kling (APD), Megan Cook (Trine), and Kelly Sickafoose (DFS Coordinator).

Co-chair:

- The meeting was called to order by Shelly.
- Introductions were conducted and everyone answered, "What is your favorite type of client/participant/citizen to assist? Responses included: the ones who are teachable; the ones who do what they are supposed to do; ones who show significant change; someone who is "ready;" elementary students; participants in the Cops for Kids program.
- New members: None

Grantee Presentations:

Steuben County Drug Task Force: The SCDTF investigated 22 cases this year. All but 3 were dealing in meth, and the others were dealing in a Schedule 1 Controlled Substance, and a marijuana case. All money has been spent. There are no current operators in IMAGE, due to manpower shortages at the departments. It will be a "one man show" for about a year. They couldn't apply for the federal grant, because 3 department have to apply together. They will be solely operating on funds from drug-free groups.

CAVA: This project has been supported by DFS for 5 years. The support group is facilitated by licensed therapist, Suzanne Lenhart and coordinated by an Advocate. The group meets twice a month (less in the summer months due to historically low participation) on Thursday evenings for 2 hours. The group is open to any adult who's been a victim of intimate partner violence. Free childcare is provided by youth volunteers from the Steuben Co. Community Foundation. Dinner is also provided to both adults and children. Year-to-date, 20 clients have attended group. Most are on-going participants who've attended an average of 6-7 times year-to-date. Prior to attending group, the clients meet with Suzanne for an individual therapeutic assessment and many continue individual counseling services. This is provided at no cost through another grant source. There is no cost for clients to attend this group.

Probation: The grant is utilized for an increase the number of drug tests conducted. If a person has two negative tests, they don't have to pay for the second test. 256 samples were taken, and 32% were positive, mostly for meth and marijuana.

Trine University: Trine University requested DFS monies to address high risk drinking for incoming college students. Trine University has recognized the need to provide education and prevention programming to incoming students prior to their arrival on campus. The best manner in which to reach these students prior to arrival on campus is through an evidenced-based online program. Trine has utilized such program since 2009. The online program is from Third Millennium Classrooms called "Alcohol Wise". Alcohol Wise also provides specific

educational modules to address Title IX sexual assault. The Alcohol Wise program also delivers high levels of instructional interactivity which encourages critical engagement and prepares students to react to common situations while offering helpful practice for use in the real world. Students are encouraged to practice abstaining from alcohol and drugs, and utilize harm reduction techniques in order to prevent toxic drinking. This program is able to work cooperatively within our community because Alcohol Wise provides an online community resource page to students which identifies local substance abuse treatment centers and other helpful resources both on and off-campus. These resources will benefit the freshman student who is already engaging in high risk drinking and/or is dependent on alcohol. The core purpose of Alcohol Wise includes: - Increase incoming students' knowledge base regarding harmful effects of alcohol use. - Increase incoming students' ability to make informed choices about alcohol by decreasing common misperceptions. - Provide incoming students with tools necessary to abstain from alcohol and/or reduce the amount of alcohol they consume. - Decrease the number of alcohol related accidents and incidents on campus. - Provide information and resources for students who may be at risk for substance dependence and/or already dependent on alcohol. - Collaborate with community resources such as Bowen Center and Northeastern Center.

Third Millennium Outcome Report results: Total Number of Enrolled Students – 523; Total Number of Active Students who completed Part 1 and Part 2 – 505.

Regular Business:

- **Minutes/Space**

- Minutes: Additions, Corrections, Approval: Pam made a motion to approve the minutes, Matt seconded, all in favor.
- Meeting Space Set Up: January: Matt, Kelly, and Shelly

- **Treasurer's Report:**

- Interdiction Fund: Sept: \$311.25; Oct: \$525.00; Nov: \$412.50 & YTD: \$5,887.96
- Community Drug Fund: Sept: \$1,875.34; Oct: \$2,554.09; Nov: \$1,950.62; YTD: \$24,684.82
- Expenditures: All 2015 funds expended except 4CTL, Trine, and McMillen, who didn't submit a request for a claim. \$165 remained in the Prevention category.
- "Pass the Cup:" for the Youth Advocate Award nominee from Steuben County: unsure of the current amount
- Other: n/a

- **Coordinator's Report**

- Workplace flyers: December's flyer is "Any drug can cause impairment" since December is Impaired Driving Prevention Month.
- Regional Annual Meeting: Brett Hays and CAVA were recognized for their contributions to the field.
- Suggestions: newspaper articles; website; Facebook; and/or community presentations: Let Kelly know if your agency or someone you know would like to present.

- **Committee Reports/Discussion**

- Public Relations: No update.
- Membership: Shelly will ask Purdue Extension to be involved. She never heard back from the Industrial Guild.
- Retreat: The retreat went well. The room was full; tables had to be added. Both speakers were very good. Vivitrol is working for ladies at WIT. Cameron provided very nice accommodations, and we are very appreciative.

Other Business:

- Election of Officers: Summer, Shelly, and Marty are willing to stay on. Anne made a motion that we continue with those individuals in the same positions, Linda seconded, all in favor.

DFS Member Reports:

- Mary Bowman provided a brief program regarding Celebrate Recovery. The program is for a hurt, hangup, or habit of any kind, including addiction, depression, over-eating, anxiety, etc. Time does not heal all wounds. It started locally in October 2015. The curriculum is a Christian-based, 12-step program that emphasizes personal responsibility. It provides regular opportunities for fellowship. Meetings are held every Tuesday from 6:30-8:30 at Community Church of the Nazarene, 255 N. Gerald Lane, Angola. Childcare and a meal is provided. Donations can be made.

Adjournment: Marty made a motion to adjourn at 10:23, Matt seconded, all in favor.

Next DFS Meeting:

January 21, 2016 at 9:30 a.m. at the Carnegie Library

**Drug Free Steuben meetings are open to everyone.
Encourage others to join us!**

The mission of Drug Free Steuben is to raise the awareness of alcohol, tobacco, and other drug issues, and positively impact the problem of drug and alcohol abuse in our community.